



Website: <https://lilydalebmx.club/>

Welcome to Lilydale BMX Club!

Thank you for enquiring about Lilydale BMX Club. Our club is run by volunteers with a strong focus on providing a fun and family friendly atmosphere in which to race BMX.

Location

The club is located on the corner of Anderson Street and Nelson Road in Lilydale, between the Coldstream and Warburton Rail Trails.

When

Lilydale BMX Club runs Gates or Clubbies on a Wednesday night. We alternate each week between these 2 events. i.e. gates one week and a clubby the next. You can find more details about what is happening each week with our 'What's on this week' post on our Facebook page.

Cancellation of Gates and Clubbies, usually due to weather, will be posted on Facebook by 5pm where possible on the day of the event. Please do not message, PM or email committee members or Coaches for cancellation updates as we require this time to organise the days' events.

Make sure to like our page so you don't miss any communications.

Getting Started

Membership

To ride at the track at official times (coaching, gates and clubbies) you must be a member of AusCycling Victoria and there are varying levels of membership available.

4-week free trial Membership

This is a great way to try out all aspects in the sport of BMX. You are able to attend any official event including Gates, Clubbies, Coaching and club run Opens during your 4-week trial. Follow this link to register for your 4-week free trial.

NB: you are only eligible to register for one free trial per person.

<https://www.auscycling.org.au/membership/other/free-trial>

Please select **Lilydale BMX** when it asks to choose a club as this ensures that we receive notification of your membership.

****Please note that the 4-week free trial applies to the Auscycling membership only (all entry fees for gates night, races and coaching still apply).**

Full Membership (Annual or Monthly payments available)

Choose either **Race Off Road** or **Race All Discipline** and then your appropriate age category. Alternatively, there is a discount for a **Family Membership** if you have 2 or more riders.

Head to our Facebook page and click the sign-up button or go directly to the AusCycling page

<https://www.auscycling.org.au/membership>

Lifestyle Memberships (Annual or Monthly payments available)

These are great if you would like to only participate in gates practice or coaching. This is an awesome option for mums and dads that would like to roll around the track with their kids at official **non-race** events.

NB: you **will not** be able to race in Clubbies or Open race meets with a lifestyle membership.

Non-Riding Membership (Free) (Volunteer Membership)

These are required if you would like to help around the club. We encourage all parents/caregivers to sign up for a Non-Riding memberships so that you are able to volunteer at working bees, Gates nights and Clubbies. Without volunteers there is no club!

Once you have your Auscycling membership sorted, you are welcome and encouraged to attend any BMX club for clubbies, opens, gates night or coaching. You're not limited to your chosen club for events. It's all great experience.

NB: AusCycling memberships **do not** include the club fee of **\$25** for ages 7 and under, or **\$45** for 8 and over. You **don't** need to pay the club fee for the Volunteer membership.

IMPORTANT

When signing up for a child's membership, where it asks for the (primary contact) this must be the rider's name not the parents' name. In these cases, parents are required to put their name in the emergency contact section.

Insurance

All Auscycling memberships, including the 4-week trial and Non-Riding membership are inclusive of insurance. You are covered no matter where you go.

What you need

Bike

A safe bike is a must. It doesn't matter how much your bike cost as long as it is safe to ride. Front brakes should be removed and pedal brakes are not recommended but can be worked around to begin with. If you don't have a bike, the club has a limited number of loan bikes to use during coaching, gates or clubbies to help get you started.

****It is a safety requirement that all reflectors, streamers, chain guards, stands, mud guards and bells be removed.**

Clothing

You **must** wear a long sleeve top, long pants, closed toe shoes, gloves and a full-face helmet. Mini wheelers do not need to wear a full-face helmet, they can wear a normal bike helmet, approved to Australian standards which is properly fitted. For more information on clothing and helmet rules please go the UCI [Regulations](#) page on their website.

Club jerseys are available to purchase at the canteen, these can be personalised with the name and number of the rider. We have 2 colours to choose from, Black with white sleeves or White with black sleeve, you will see both options on display in the canteen.

Race Plates/Numbers

Race number plates identify riders during racing. There are specific colours for different classes.

You can obtain a race number and order your plate by emailing your chosen 3-digit number to merch@lilydalebmx.club or speak to someone in the canteen on gates night.

Please supply 3 alternate number options in order of preference and we will check each against numbers already in use. Your race number plate is to be displayed during all race events. Don't worry if you haven't got your number or plate organised in time for your first Clubby, the club has plates that can be borrowed for the event.

<i>Race Plate Colour Guide</i>	
Men Elite, Women Elite	white plate - black numbers
Men Junior Elite, Women Junior Elite	black plate - white numbers
Boys (age 8+), Men, Masters	yellow plate - black numbers
Girls (age 8+), Women	blue plate - white numbers
Cruiser	red plate - white numbers
Novice/Beginner (age 8 – 13)	green plate - white numbers
Sprocket (up to age 7)	orange plate - black numbers
Mini Wheeler (balance bike, age 2-7)	purple plate - white numbers

KNOW YOUR RACE PLATE
AUSCYCLING BMX

- 123** UCI Senior Elite (19 Years +)
White Plate, Black Numbers
- 123** UCI Junior Elite (17-18 Years)
Black Plate, White Numbers
- 123** Male - Superclass, Junior Superclass, Challenge riders (8 Years +)
Yellow Plate, Black Numbers
- 123** Female - Superclass, Junior Superclass, Challenge Female riders (8 Years +)
Blue Plate, White Numbers
- 123** Challenge Novice Classes (8 Years +)
Green Plate, White Numbers
- 123** Cruiser (All Classes) (8 Years +)
Red Plate, White Numbers
- 123** Sprocket Rocket (Under 8 Years Old)
Orange Plate, Black Numbers
- 123** Mini Wheeler (2 Years Old - Under 8 Years Old)
Purple Plate, White Numbers

What is Gates night:

Official practice sessions: This is the time for riders to practice on the starting gate with the wide variety of BMX riders. Gate runs from 6 - 7.30pm.

Mini Wheelers are only able to ride the 3rd and 4th straights, entry is via the end of the 2nd corner. These 2 straights will be closed off to other riders for a period of approx. 20 minutes about 15 minutes into practice. Mini Wheelers can ride outside their designated time, they just need to stay to the side of the track. There is no scoring or racing and can be a pleasant way to spend the evening. There are experienced riders around who are always willing to help if you have any questions. The canteen will be open and serving hot food at low prices. When you arrive at the track, sign in at the canteen and pay the **\$3** fee.

What is a Clubby:

Informal race events. Clubbies are a fun and low-key way to get into racing. Club members race against each other in age-appropriate categories. They can be attended at any point in your BMX journey. Dinner is available from the canteen at a very reasonable price and makes a family friendly night out. Practice is for about half an hour before racing starts. Entry is usually on the day during practice and costs around **\$8** per rider.

What is an Open Race:

Formal race events: Open events are usually held by each club once a year on a weekend. It is a big event attracting upwards of 300 riders from metropolitan areas and around the state.

Riding Categories

Riders compete in categories. All categories are broken down into yearly age classes, except Mini Wheelers (i.e. 8-16 Boys will be broken down to 8 boys, 9 boys, 10 boys etc, up to the age of 16). Where there's not enough riders for a particular age class, it will be merged into the age class above it. (i.e. 9 boys will merge into 10 boys)

Categories	Age Range
Mini Wheelers (Balance Bike)	2 - 7
Sprockets (Pedal Bike)	Under 5 - 7
Novice/Beginner	8 - 13
Expert/Challenge Boys	8 - 16
Expert/Challenge Girls	8 - 16
Ladies	17+
Mens	17+

Coaching

Tuesday - Coach Nathan			
5.00pm	Beginner/Intermediate	60mins	\$15
6.10pm	Advanced	60mins	\$15

Bookings for Nathan can be made via email: glabscoaching@gmail.com

Saturday - Coaches Connor & Emerald			
8.30am	Mini Wheelers	30 mins	Free
9.00am	New to pedals	45 mins	\$10
	Age 9 & under including Sprockets	45 mins	\$10
10.00am	Age 9 & under including Sprockets	45 mins	\$10
	Age 10 & Over Beginner/Intermediate	45 mins	\$10
11.00am	All ages – Intermediate/Advanced	45 mins	\$10
	All ages – Female riders (with Emerald)	45 mins	\$10

Please see our club Facebook page each week for booking details for Connor & Emerald

****Please note that coaching, gates and clubbies are independent of the 4-week free trial and therefore the above prices do apply****

Transponders

All riders in Expert\Challenge, Cruiser and Superclass must have a transponder. This device enables times and places to be recorded electronically. Transponders can be purchased from the [Sgorz website](#). As Novice, Sprockets and Mini Wheelers are not scored, they do not require a transponder.



Purchasing Equipment

A great place to find second hand gear is on Facebook. There are currently 3 pages primarily used to sell BMX race gear including bikes.

[Bmx Race Buy/Swap/Sell](#)

[BMX Race Gear For Sale Australia/NZ.](#)

[Buy & Sell - BMX Micro, Mini & Jnr](#)

Items are occasionally listed on eBay and gumtree also.

Note that you should be looking for a race bike not a freestyle BMX.

If you need any assistance with buying any BMX items either new or used, please don't hesitate to ask at the club. BMXers and BMX parents love to talk about buying bikes etc!

Track Safety and Etiquette

- When the track is in official use (i.e., Gates, Coaching, Clubbies or Opens) it is considered HOT. There is to be no persons on the track other than Officials' or First aid.
- If you have a fallen rider, please refrain from entering the track until directed by an official. More accidents can be caused by running in front of other riders.
- Please do not allow children to run across the track, the bottom of the start hill or play at the top of berms while the track is in use.
- All BMX tracks are alcohol and smoke free.
- Dogs are not permitted during official times.
- BMX is a family friendly sport and inappropriate behaviour, fighting or abuse will not be tolerated.

Volunteering

Our wonderful club is run and maintained solely by parents volunteering their time for all to enjoy. If you or your child rides, please consider giving a little bit back, as many hands make light work and keeps the club alive. Without Volunteers there is no club. It's a great way to get to know other members and learn about what's involved in keeping things running smoothly.

Communication

Remember to please follow our Facebook page as this is where you will find most of the information you will require for upcoming events and activities.

We also have a private Facebook group for club members only, where you can actively ask questions and buy and sell BMX related equipment in a safe and supportive environment.

I hope this information is of use to you, if you do have any other questions, please feel free to send us an email memberships@lilydalebmx.club message the club on messenger or talk to someone at the club on gates night.

We hope you enjoy your time at the club!

Regards,

Lilydale BMX Club