



Website: <https://lilydalebmx.club/>

Welcome to Lilydale BMX Club!

Thank you for enquiring about Lilydale BMX Club. Our club is run by volunteers (parents and carers) with a strong focus on providing a fun and family friendly atmosphere in which to race BMX.

Location

The club is located on the corner of Anderson Street and Nelson Road in Lilydale, between the Coldstream and Warburton Rail Trails.

When

Lilydale BMX Club runs Gates nights on a Wednesday evening. We also hold Clubbies periodically during the year on weekends. These events are dependent on volunteers to be able to run. You can find more details about what is happening each week with our 'What's on this week' post on our Facebook page.

Getting Started

To be able to participate in BMX all riders **must** hold a current riding membership with our governing body Auscycling Victoria. Without this membership riders are not permitted to attend any club run activity such as gate nights, clubbies or racing. They are also not permitted to participate in any form of official coaching.

Membership

There are varying levels of membership and pricing available. We recommend starting with a 4 week free trial to allow your rider to experience all things BMX before committing to a paid membership.

- **4-week free trial Membership** - This is a great way to try out all aspects in the sport of BMX. You are able to attend any official event including Gates, Clubbies, Coaching and club run Opens during your 4-week trial. Follow this link to register for your 4-week free trial. **NB:** you are only eligible to register for one free trial per person.

<https://auscycling.org.au/become-a-member/free-trial>

Please select **Lilydale BMX** when it asks to choose a club as this ensures that we receive notification of your membership.

****Please note that the 4-week free trial applies to the Auscycling membership only (all entry fees for gate nights, racing and coaching still apply).**

- **Race off Road** - For members who want to throw on a plate on the BMX track or out on the trails but do not wish to compete in road or track races.
(Annual or Monthly payments available)
- **Race All Discipline** - Designed for members who want it all on two wheels, a licence where you can compete in BMX/CX/FREESTYLE/MTB/ROAD/TRACK right around Australia, 24/7
(Annual or Monthly payments available)
- **Lifestyle (Basic) membership** – Recreational cyclists, social riders, leisure riders and commuters who are already happy with their personal accident insurance, income protection or the death and disability cover already provided under their private health or superannuation policies.
(Annual or Monthly payments available)

- **Lifestyle Memberships** – Same as the Basic but includes personal accident and public liability. Lifestyle memberships are great if you would like to only participate in gates practice or coaching. This is an awesome option for mums and dads that would like to roll around the track with their kids at official **non-race** events. NB: you **will not** be able to race in Clubbies or Open race meets with a lifestyle membership. (Annual or Monthly payments available)
- **Non-Riding Membership (Free) (Volunteer Membership)**
These are required if you would like to help around the club. We encourage all parents/caregivers to sign up for a Non-Riding membership so that you are able to volunteer at working bees, Gates nights and Clubbies. Without volunteers there is no club!
- **Club Fees** - AusCycling memberships **do not** include the club fee of **\$25** for ages 7 and under, or **\$45** for 8 and over.
You **don't** need to pay the club fee for the Volunteer membership.

Once you have your Auscycling membership sorted, you are welcome and encouraged to attend any BMX club for clubbies, opens, gate nights or coaching. You're not limited to your chosen club for events. It's all great experience.

IMPORTANT

When signing up for a child's membership, where it asks for the (primary contact) this must be the rider's name not the parents' name as this is the name the membership will be issued too. In these cases, parents are required to put their name in the emergency contact section.

Auscycling Membership Prices (Current as of 1/8/2025)					
	7 & Under	Under 13 (8-12)	Under 19 (13-19)	Adult (19+)	Concession (65+ & Para-cyclists)
Race off Road	\$81	\$109	\$175	\$224	\$175
Race All Discipline	\$81	\$109	\$175	\$360	\$175
Lifestyle (Basic)	\$129	\$129	\$129	\$129	\$129
Lifestyle	\$81	\$81	\$81	\$134	\$81

*A full description of each membership can be found on the Auscycling website.

Insurance

- All Auscycling memberships, including the 4-week trial and Non-Riding membership are inclusive of insurance. You are covered no matter where you go.

What you need

- **Bike** - A safe bike is a must. It doesn't matter how much your bike costs as long as it is safe to ride. Front brakes should be removed and pedal brakes are not recommended but can be worked around to begin with. If you don't have a bike, the club has a limited number of loan bikes to use during coaching, gates or clubbies to help get you started.

****IMPORTANT**** It is a safety requirement that all reflectors, streamers, chain guards, stands, mud guards and bells be removed.

- **Clothing** – Riders **MUST** wear
 - Long sleeve top,
 - Long pants,
 - Closed toe shoes,
 - Full finger gloves
 - Full-face helmet.
- ❖ **Mini wheelers** do not need to wear a full-face helmet, they can wear a normal bike helmet, approved to Australian standards which is properly fitted. However, we do advise that they wear a full-face helmet as it gets them used to it from the start. The club has helmets that can be borrowed each time you attend until you are able to purchase one.

- **Club Jerseys and Race Plates**

- **Club Jersey** – Club jerseys can be personalised with the rider's name and number. They are not compulsory but are a great way for your rider to feel part of the Lilydale Lynx and our wonderful BMX family.
- **Race Plates/Numbers** - Race number plates are compulsory as they identify riders during racing. There are specific colours for different classes.



Club jerseys and plates are available through our online store via our club website and this is where you can find all the details on how to order.

<https://lilydale-bmx-club.square.site/>



Please note that there are specific order dates and your order may not be placed with the supplier immediately. Please come see us in the canteen if you require a loan plate while you wait for your order to arrive.

Riding Categories

Riders compete in categories. All categories are broken down into yearly age classes, except Mini Wheelers (i.e. 8-16 Boys will be broken down to 8 boys, 9 boys, 10 boys etc, up to the age of 16). Where there's not enough riders for a particular age class, it will be merged into the age class above it. (i.e. 9 boys will merge into 10 boys)

Categories	Age Range
Mini Wheelers (Balance Bike)	2 - 7
Sprockets (Pedal Bike)	Under 5 - 7
Novice/Beginner	8 - 13
Expert/Challenge Boys	8 - 16
Expert/Challenge Girls	8 - 16
Ladies	17+
Mens	17+

What is Gates night?

Official practice sessions: This is the time for riders to practice on the starting gate with the wide variety of BMX riders. Gate runs from 6 - 7.30pm. Hours may vary depending on the weather or season.

We run our timing loops for those that are interested in their start times but there is no scoring or racing and can be a pleasant way to spend the evening. There are experienced riders around who are always willing to help if you have any questions. The canteen will be open and serves hot food at low prices.

When you arrive at the track, sign in at the canteen and pay the **\$5** fee.

Mini Wheelers are **not** permitted to use the start gate. They are only able to ride the 3rd and 4th straights & entry is via the end of the 2nd corner. These 2 straights can be closed off to other riders for a period of approx. 20 minutes. Please speak with a club volunteer to organise this.

Mini Wheelers can ride outside their designated time, but they must stay to the side of the track to allow bigger riders to pass safely.

For safety reasons, please let your rider know that there is to be **NO** dropping in from the corners. Smaller children tend to copy bigger kids and do not always choose the best time when other bigger, faster riders are coming through the corners.

What is a Clubby?

Informal race events. Clubbies are a fun and low-key way to get into racing. Club members race against each other in age-appropriate categories. They can be attended at any point in your BMX journey. Dinner is available from the canteen at a very reasonable price and makes a family friendly day out. Practice is for about half an hour before racing starts. Entry is usually on the day during practice and costs approx **\$8 - \$10** per rider.

What is an Open Race?

Formal race events: Open events are usually held by each club once a year on a weekend. These are big events attracting upwards of 300 riders from metropolitan areas and around the state.

Coaching

Tuesday - Coach Nathan			
4.30pm	Foundation	60 mins	\$20
5.35pm	Development	60 mins	\$20
6.40pm	Advanced	60 mins	\$20

Bookings for Nathan can be made via email or his fb page:

Glab's Coaching

<https://www.facebook.com/profile.php?id=100063877937885>

glabscoaching@gmail.com

Saturday - Coach Connor			
8.30am	Mini Wheelers	30 mins	Free
9.00am	New to pedals/Beginner	45 mins	\$10
10.00am	Intermediate	45 mins	\$15
11.10am	Advanced	45 mins	\$15

Bookings for Connor can be made via his fb coaching page:

Connor Fallon Coaching

<https://www.facebook.com/profile.php?id=100088695415903>

****Please note that coaching, gates and clubbies are independent of the 4-week free trial and therefore the above prices do apply****

Transponders

All riders in Expert\Challenge, Cruiser and Superclass must have a transponder. This device enables times and places to be recorded electronically. Transponders can be purchased from the

<https://speedhiveshop.mylaps.com/prochip-flex.html>



As Novice, Sprockets and Mini Wheelers are not scored, they do not require a transponder.

How to enter a race

Once you have your Auscycling membership, they will send you an email asking that you create a TidyHQ account. This is Auscycling's membership platform. Please make sure you set this up.

To enter a race, you will need to create an entryboss account for your rider.

<https://entryboss.cc/>

This is the platform that all races are entered through. You will only be able to enter if your rider has a current membership.

Each club will post an entryboss race link on their fb page as a race event approaches. All you need to do is click the link and log into your entryboss account. You can now enter your rider into the race.

Alternatively, you can log into entryboss and search the club listings for the event you would like to enter.

Purchasing Equipment

A great place to find second hand gear is on Facebook. Join any BMX Buy/Swap/Sell group and keep an eye out for second gear to get you started/

Items are occasionally listed on eBay and gumtree also.

Note that you should be looking for a race bike not a freestyle BMX.

If you need any assistance with buying any BMX items either new or used, please don't hesitate to ask at the club. BMXers and BMX parents love to talk about buying bikes etc!

Track Safety and Etiquette

- When the track is in official use (i.e., Gates, Coaching, Clubbies or Opens) it is considered HOT. There is to be no persons on the track other than Officials' or First aid.
- If you have a fallen rider, please refrain from entering the track until directed by an official. More accidents can be caused by running in front of other riders.
- Please do not allow children to run across the track, the bottom of the start hill or play at the top of berms while the track is in use.
- All BMX tracks are alcohol, smoke and pet free.
- Dogs are not permitted during official times.
- BMX is a family friendly sport and inappropriate behaviour, fighting or abuse will not be tolerated.

Volunteering

Our wonderful club is run and maintained solely by parents volunteering their time for all to enjoy. If you or your child rides, please consider giving a little bit back, as many hands make light work and helps keep the club alive. Without Volunteers there is no club. It's a great way to get to know other members and learn about what's involved in keeping things running smoothly.

Communication

Remember to please follow our Facebook page as this is where you will find most of the information you will require for upcoming events and activities.

We also have a private Facebook group for club members **only**, where you can actively ask questions and buy and sell BMX related equipment in a safe and supportive environment.

I hope this information is of use to you, if you do have any other questions, please feel free to send us an email membership@lilydalebmx.club message the club on messenger or talk to someone at the club on gates night.

We hope you enjoy your time at the club!

Regards,

Lilydale BMX Club